



# Fast Play

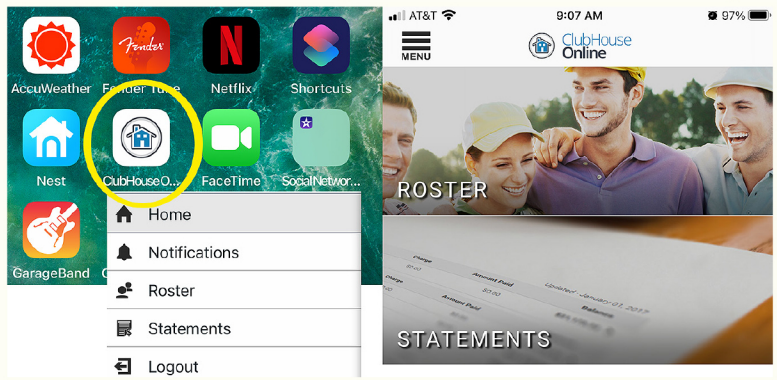
## The Monthly Member Newsletter of Shadow Hills Country Club

### New Shadow Hills Digital Tools Coming To Your Account Soon!

By Patric Miller - Digital Communications Editor

In a continuing effort to increase the ways we communicate, and allow our members to manage their accounts, we will be adding a new set of features designed to allow you to do a number of things from your mobile devices.

Communication in the digital age has been simplified (or complicated depending on your “tech prowess”), to allow much of what used to require computers and a live body on the other end of the phone, to be accomplished through mobile apps on your cell phones. Communicating with our members, especially when there is something urgent to get out, has been cumbersome in the past, relying on email, and online posts that may, or may not be seen. **With “Push Notifications,” we can communicate with a specific member, a group of members, or the entire membership, with short, text-based messages.**



In addition to “push” communication will be a number of convenience features that will allow members a variety of actions to improve accuracy in reservations and payment of your current statements.

- Online Reservations for the Restaurant and Lounge, eliminating errors made when messages are communicated between departments.
- Access to Member Rosters and Your Member Information
- Access to your Member Statements
- The ability to Pay Your Statement Online

These features will be rolled out slowly, and individually, allowing us to do education and help members get connected to the Club Central Mobile App. Watch the “Weekly News You Need to Know” emails for links to “How To” and other information regarding these features. We are confident that over time, using these phone apps will greatly improve your Member Experience here at Shadow Hills Country Club. *The future is here!*

### MAY 2021



## Upcoming Events

All Dates Tentative...Watch “News You Need” Emails & ForeTees for Updated Information

### MAY

- 1-2 Oregon Mid-Amateur (Course Closed until 2pm)
- 4 Men’s League Opener
- 10 Women’s League Opener
- 14 Cobra/Puma/Ping Demo Day
- 19 Young Life Tournament
- 21 Crazy 8 Scramble
- 24 OGA Tour Event
- 29 Pool Opens Weekends
- 31 Memorial Day (tee times 1 week in advance)



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### CLUB CONTACT INFORMATION

Clubhouse	(541) 998-2365
Pro Shop	(541) 998-8441
Dining/Lounge	(541) 234-2446

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FastPlay is published monthly for the membership of Shadow Hills Country Club.

Visit [www.shadowhillsc.org](http://www.shadowhillsc.org) for additional staff email addresses and a list of our reciprocal clubs.



# Manager's Report

By Dave Shelton

General Manager, PGA Golf Professional

At Shadow Hills one of our top priorities is to provide you, your family and guests a safe and enjoyable experience. We are doing our best to provide a normal golfing experience along with a high level of service. The board of directors and management is doing everything we can to provide a safe and healthy environment for our members and employees, while working within the state mandated guidelines. The continued and ever-changing impact of the Coronavirus is far-reaching and certainly presents challenges and compromises. Please help us to continue to follow the rules required to remain open and safe. It is very difficult to remain patient during these trying times. However, the membership has done a great job of adapting to the new rules put in place by the state of Oregon.

Our plan is to continue to have our lounge and restaurant open at the maximum capacity allowed. We will open the pool on Memorial Day Weekend and keep it open until Labor Day. Armando and our pool staff are working hard to get our pool area spruced up and ready to open. The new diving board is in place, the new pool heater has been installed and the deck will be resurfaced by Memorial Day Weekend.

**Because we have a full membership, we will continue to restrict guests at the pool.** Below are some general pool rules to follow:

- Guest policy has been amended to immediate family members only including grandchildren.
- No unaccompanied guest
- Guest fees are \$6 per visit.
- Grandchildren are \$3 per visit but must be accompanied by Grandparents.
- Shower before swimming
- Wash your hands after using the restroom.
- Take young children on bathroom breaks.
- Be courteous of younger children and avoid excessive rough housing.
- Please use the pool changing rooms not the locker rooms whenever possible
- Please be respectful of other when using your cell phone.

Ryan and the "hit crew" have continued to work on the back 9 greenside bunker project. Most of the greenside front bunkers will be completed now and the back bunkers in the fall. The addition on the back of the 14th green will be open soon. The new forward tees are now completed, and all should be in play by summer. We have contracted with Western Asphalt to complete the cart path area near the 15th forward tees and the left side of 18th green.

I know I said this in last month's newsletter but please do your part in maintaining the golf course. This means filling in your divots with sand and seed, replacing the divot this time of year is not effective, and repairing your ball marks on the greens is critical.

In closing, if you are contacting the pro-shop, please use the direct line (541) 998-8441.



**COLIN INGLIS**  
SHADOW HILLS COUNTRY CLUB - JUNCTION CITY, OR  
▶ PACIFIC NORTHWEST SECTION

## SHCC's Colin Inglis Makes His TV Playing Debut On The Golf Channel

Our Assistant Pro, Colin Inglis got a chance to play "in prime time," playing at the 2021 PGA Professional Championship in Port Lucie, Florida. Golfing for a chance to play in the PGA Championship event next month, Colin turned in some amazing rounds that kept him in the top ten through three days, before struggling with windy course conditions and a tough course setup on day 4.

We couldn't be more proud of Colin, and know that this is just the beginning of seeing more of his success in the



future! His second day 67, was the low round of the day, against countless pros with years of experience on the tour under their belts.

*Great job, Colin!*



## "Extreme" Covid Designation Takes A Bite Out of Dining/Lounge Hours and Menu Options

Once again, our dining and lounge hours and menu are being restricted by the latest "Extreme" Covid Designation. For at least the first 2-3 weeks of May, **we are forced to eliminate indoor dining altogether, and restrict the number of members in outdoor seating areas.**

We are going to serve the patio area, open the shack window, doing "to go" food from our lounge menu.

**Our hours will be:**

**Friday 11-7:30 pm**

**Saturday limited breakfast from 9am-11am**

**Lunch from 11- 7:30pm**

**Sunday same as Saturday limited breakfast 9-11 am**

**Lunch from 11-7:00pm**

**Monday we are open from 11 am -6pm**

**Tuesday and Wednesday 11am-6pm**

**Thursday 11-7:30**

*Check with your server for dining and drink specials.*



# News From The Pro Shop

By Gary Davis , PGA Golf Professional

Spring is officially here! With that came a change in dress code. As of April 1st, denim is no longer allowed on the golf course or at the practice facility. We have noticed a few members that have not made the change over.

Springtime is also the perfect time of year to start getting in shape and working on your golf game. We are dedicated to finding new ways to get you enjoying more golf this year. To that end, a series of clinics with personal trainer Nick Mainetti and your PGA Golf Professional Staff is available. Look for sign-ups on ForeTees and in the locker rooms. Of course, if you prefer a more private setting for lessons, we would be happy to set you up with an individual, or series of golf lessons. Let us know how we can best help you!

May is all about Men's and Women's League. Men's League is scheduled to start on Tuesday, May 4th and Women's League will start the following week on May 10th. We will keep you posted through ForeTees on all future club events, and how they will be impacted by Covid 19 Protocols.

The Shadow Hills Annual Junior Camp for children 5 – 15 years of age is on our schedule for Monday-Wednesday, July 26th-28th. Flyers and sign ups will be emailed out later this month. The junior camp is a great way to introduce or maybe stimulate your kids into a lifetime of the game we have gained so much enjoyment from. Kids ages 5-8 will gather from 8:30am to 10:30am on Monday and Tuesday, while the older golfers aged 9-15 get together from 10:30am to 12:30pm. Please check in for your session on the half hour prior to camp each day. On Wednesday July 28th, all participants are involved in camp from 9am till 11:30 (check-in at 8:30) and then we head to the pool area for a pool party and BBQ. Cost per camper is \$90 and you can sign your child or grandchild up in the pro shop by July 15th. This should be a great way for the kids to have some fun and learn about the rules, etiquette and techniques for playing golf.

Once again a quick reminder that the Golf Committee has expressed some concerns over the number of divots and ball marks not being repaired, as well as cart riders not following the rules on 2 CARTS PER FOURSOME. Exciting news is we have added new Clic Gear pullcarts to the fleet and we are expecting a new fleet of EZGO Golf Carts by the beginning of July! Also, we have seen some damage to the Clic Gear push cart fleet. If something happens to a cart in your group, let us know so that we can get the cart repaired.

Let's all do our part in taking pride of ownership. Just remember-keep up, fix up, and clean-up make for a great club.

See you at the club!



**Pace of Play is Important!**  
**An SHCC Round Should Be 4 Hours or Less!**  
**Please keep up with the group in front of you and ahead of the group behind!**  
**This is for ALL 4s and 5s!**

# Welcome To Our New Members

- Earl & Pauline Dorman - Family Golf
- Jason Snook & Erin Uhlemann - Family Golf
- Casey & Ellen Moore - Family Golf
- Jayson Bates - Individual Golf
- Rich & Ramona Seltzer - Family Golf



**If you see a new member, or a new face you don't know... say "Hello! Welcome to our community!"**



**Shadow Hills EXTRA!**

<p><b>Featured</b></p> <p>In News You Need Weekly</p> <p>Leave a comment</p> <p>Edit</p>	<p><b>SHCC News You Need to Know 08-27-2020 Luau Special Info and More</b></p> <p><b>Shadow Hills News You Need to Know!</b></p>	<p><b>SHCC NEWSLETTERS</b></p> <p><i>Fast Play</i></p> <p><b>CLICK HERE to see recent and current</b></p>
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**The News You Need- Every Thursday on Extra!**  
Get the News You Need every week (by end of business on Thursdays) by going to [www.ShadowHillsExtra.com](http://www.ShadowHillsExtra.com)

We are posting every issue of the News You Need on ShadowHillsExtra.com, as well as archived back issues if you miss one. *You will never miss another post again.*

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# Women's Club Updates

By Barb Blackmore  
President-Elect/Publicity

The Women's Club held our Spring Kickoff on April 14th and a good time was had by all. Forty-seven women gathered for a delicious breakfast buffet and a short business meeting where new officers were installed and the 2021 budget and By-Laws revisions were passed. With our business concluded, Colin and Birk put on a clinic at the practice range before we headed out for a 9 hole scramble in beautiful Spring weather. It was a great way to start the season.

Our 9-Hole and 18-Hole leagues are in full swing and Twilight league begins May 10th. If you haven't signed up yet, it's not too late. Sign up sheets are on the women's locker room bulletin board.

Some important things to remember: always post your scores, pay attention to speed of play, plan to sign up for Match Playing Championship starting June 9 and Stroke Play championship in August.

## 5 Iron Fit with Nick

Titleist Performance Institute Fitness 3-Golfers! Do you have C-Posture?

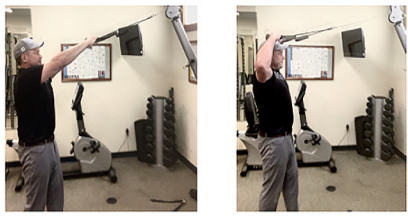
This common set-up creates a limited back swing, an over-the top casting motion and less powerful ball strikes.

**Good News:** It typically results from tight

chest, taut back & lax core muscles. Sitting at a desk all day, driving long distances, sluggish posture and playing video games or iphone/computer use for hours can cause this physical asymmetry.



**Great News:** You can reduce c-posture with the Face-Pull exercise! This great exercise strengthens your back, opens your chest AND creates better posture & spinal alignment with the golf ball. The result? Longer, straighter and more consistent Driver and Fairway woods. If you already work out, add this to your program for immediate gains.



If you'd like a home-program to fit your busy Spring/Summer... Contact Nick today!

Call/text: 541-870-0647  
Email: musclesbymainenti@gmail.com  
Web: www.mytpi.com > Find an Expert



**REMINDER**  
From Apr. 1st - Oct. 31st  
No Denim is allowed on the golf course or practice facility. Clean (non-ripped) denim allowed in Lounge & Dining Room.

## Junior Golf, Ladies Lessons, Putting Clinic All On Tap for May!

- ~ JUNIOR GOLF SIGN UP
- ~ LADIES GROUP GOLF
- ~ CLINIC - STOP SUCKING AT PUTTING!!



### JUNIOR GOLF

PGA Coach, Birk Nelson, will be launching his 8-week SUMMER Junior Golf Lessons at Shadow Hills Country Club on June 21st. Space is Limited. The Summer golf program will include weekly small group lessons and four, 9-hole events.

During the weekly lessons, participants will learn Posture, Power, Grip, Ball Flight, Alignment, Green Reading, Putting, Performance and more.

Below is a link to the Academy schedule, tuition, curriculum, and registration portal.

<https://www.birkenstick.com/operation-36>

### LADIES GROUP GOLF LESSONS

Registration is now open for the SUMMER Operation 36 Ladies Group Lessons. **Starting June 22nd the 8-week lesson program will be hosted every Tuesday; choose either the 2:00pm or 5:30PM class.** The weekly group lessons will include four, 9-hole socials. Participants will learn Posture, Power, Grip, Ball Flight, Alignment, Green Reading, Putting, Performance and more.

<https://www.birkenstick.com/operation-36>

### March 12th GOLF CLINIC STOP SUCKING AT PUTTING!

**STOP 3-PUTTING! Do you 3-putt more than you 1-putt?** Do you feel that you're going to miss it before you even take your putter back? Turn your golf weakness into your strength by joining the STOP SUCKING AT PUTTING clinic on March 12th.

In the 1 hour clinic, Birk Nelson will share with you 4 strategies to make more putts, eliminate the yips, and change your entire attitude towards scoring.

Space is limited so sign up by calling Birk Nelson at 541-514-4473 or [birk@orangewhiptrainer.com](mailto:birk@orangewhiptrainer.com) if you have any questions. Cost \$30.